

# Polish Optimist Dinghy Association International Championship

Dziwnów, 13th – 15th September 2019

## SAILING INSTRUCTIONS

### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 RSS Appendix P, Special Procedures for Rule 42, will apply.
- 1.3 Polish Optimist Dinghy Association Regulations will apply.
- 1.4 In all rules governing this regatta:  
[NP] denotes a rule that shall not be grounds for protest by a boat. This changes RRS 60.1(a).

### 2. COMMUNICATIONS WITH COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located next to the Race Office located in Port Jachtowy Dziwnów.
- 2.2 When a visual signal is displayed over a fleet flag, the signal applies only to that fleet. This changes the Race Signals preamble.
- 2.3 Signals ashore will be displayed at signal mast in Port Jachtowy Dziwnów.
- 2.4 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes (90 minutes for racing area „Bravo”)' in the race signal AP.
- 2.5 [DP] Flag D displayed ashore with one sound means 'The warning signal will be made not less than 60 minutes (90 minutes for racing area „Bravo”) after flag D is displayed.' Boats shall not to leave their berth until this signal is made. Flag D will be displayed together with a course area flag as per SI 7.

### 3. CHANGES TO SAILING INSTRUCTIONS

Any change to the format or schedule of races will be posted by 2000 on the day before it will take effect and any change to the sailing instructions will be posted before 0830 on the day it will take effect.

### 4. FORMAT OF RACING

- 4.1 The regatta consists of a qualifying series and a final series. Boats are required to carry appropriate ribbons on top of their sprits as per SI 6 [NP][DP].
- 4.2 Boats will be assigned to fleets as provided in rule 40 of PSKO regulations. Fleet assignment for second and third day will be posted no later than on 0900 that day.
- 4.3 **Qualifying series**
  - 4.3.1 Boats will be reassigned to fleets after each day of racing, except if on the first day only one race is completed.. If all fleets have completed the same number of races, boats will be reassigned on the basis of their ranks in the series. If both fleets have not completed the same number of races, the series scores for reassignment will be calculated for those races, numbered in order of completion, completed by all fleets.
  - 4.3.2 If all fleets have not completed the same number of races by the end of a day, the fleets with fewer races will continue racing the following day until all fleets have completed the same number of races. All boats will thereafter race in the new fleets..
  - 4.3.3 If at the end of the qualifying series some qualifying series fleets have more race scores than others, any extra races will be abandoned so that all boats in the qualifying series have the same number of race scores.

#### 4.4 Final series

- 4.4.1 A final series will only be scheduled with 4 or more qualifying series races completed.
- 4.4.2 Boats will be assigned to the gold, silver and bronze fleets on the basis of their ranks in the qualifying series.
- 4.4.3 The boats competing in the gold fleet shall be scored higher in the regatta than boats competing in the silver fleet. This may not apply to a boat disqualified under RRS 5, 6 or 69.

### 5. SCHEDULE OF RACES

5.1 11 races are scheduled:

Date	No of races	First warning signal
13.09	4 (qualifiers)	11.30
14.09	4 (qualifiers)	11.00
15.09	3 (finals)	10.00

- 5.2 Races not sailed on the scheduled day may be sailed on following days at the discretion of the race committee.
- 5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.4 On the last scheduled day of racing, no warning signal will be made after 14:30.

### 6. CLASS FLAGS AND IDENTIFICATION

Fleet	Identification - ribbon	Class flag
Yellow/gold	Yellow	Yellow flag
Green/silver	Green	Green flag
Red/bronze	Red	Red flag
White/emerald	White	White flag

### 7. COURSE AREAS

The course areas are shown in SI Addendum 2. In order to inform boats which course area is to be used, will be code flag "Alpha" or "Bravo" will be displayed together with flag D as per SI 2.5.

### 8. THE COURSE

The diagram in SI Addendum 1 show the course, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

### 9. MARKS

- 9.1 Marks 1, 2, 3S and 3P will be yellow inflatable cylindrical buoys.
- 9.2 The starting line marks will be race committee vessels.
- 9.3 The finishing line marks will be a race committee vessel on the starboard end and a staff buoy with the blue flag on the port end.
- 9.4 The waiting area windward boundary will be designated by white inflatable cylindrical buoys.

### 10. THE START

- 10.1 The starting line will be between staffs displaying orange flags on starting line marks.
- 10.2 [DP] When the warning signal for the first fleet has been made, boats from other fleets shall be in the waiting area. Boats may approach the starting line after the starting signal of the previous fleet.
- 10.3 A boat starting later than 2 minutes after her starting signal will be scored DNS. This changes RRS A4 and A5.

### 11. THE FINISH

The finishing line will be between staffs displaying blue flags on finishing line marks.

## 12. PENALTIES

Penalties for breaches of SIs marked [DP] or class rules are at the discretion of the protest committee and may be less than disqualification.

## 13. TIME LIMIT AND TARGET TIME

13.1 Following time limits and target times apply:

Time limit	Mark 1 time limit	Target time
90 min	30 min	50 min

13.2 If no boat rounds Mark 1 within the Mark 1 time limit, the race committee shall abandon the race. Failure to meet the target time is not a ground for redress. This changes 62.1(a).

13.3 Boats that do not finish within 20 minutes after the first boat sails the course complying with all requirements of RRS 28, will be scored Did Not Finish. This changes RRS 35, A4 and A5.

## 14. PROTESTS AND REQUESTS

14.1 A boat intending to protest shall inform the Race Committee at the finishing line immediately after finishing, of the boat/s being protested. This changes 61.1(a).

14.2 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

14.3 For each fleet, the protest time limit is 60 minutes (90 minutes for course area „Bravo”) after the last boat has finished the last race of the day or the race committee has displayed AP or N over A.

14.4 Notices will be posted within 20 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the Jury Office next to the Race office in the Host Club beginning at the time posted.

14.5 Notices of protests by the race, protest or technical committees may be posted to inform boats under RRS 61.1(b).

14.6 A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted.

14.7 On the last day of the series, a request for reopening a hearing shall be delivered:

- a) within the protest time limit if the requesting party was informed of the decision on the previous day;
- b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes RRS 66.

14.8 On the last day of the series, a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

## 15. SCORING

15.1 Three races are required to be completed to constitute a regatta.

15.2 When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.

15.3 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

15.4 RRS A4.2 is changed so that the scores are based on the number of boats assigned to the largest fleet.

15.5 To request correction of an alleged error in the posted races or series results, a boat shall complete a scoring enquiry form available at the Race Office.

## 16. SAFETY REGULATIONS [NP] [DP]

16.1 A boat retiring from a race shall notify a race committee or safety boat as soon as possible.

16.2 Boats not leaving the harbour for a scheduled race shall promptly notify the Race Office.

16.3 When code flag B is displayed ashore each Coach or Team Leader shall sign a checklist adjacent to the Race Office within 60 minutes after the flag has been displayed, to indicate that all team members have returned to shore. Flag B will be displayed when the last boat has finished the last race of the day or the race is abandoned. All team members may be penalised at the discretion of the jury for each race of the day on which the Coach or Team Leader failed to comply with this instruction. This changes RRS 63.1 and 64.4(b).

16.4 Competitors who require assistance shall blow a whistle or wave the paddle or one arm. The Race Committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes RRS 62.1(a).

16.5 When the Race Committee displays flag V with repetitive sounds, all official and support boats shall comply with any instruction given by the Race Committee or the Organising Authority as assistance / rescue boats.

## 17. REPLACEMENT OF EQUIPMENT [DP]

Substitution of damaged or lost equipment will not be allowed unless approved by the Technical Committee. Requests for substitution shall be made to the Technical Committee at the first reasonable opportunity.

## 18. EQUIPMENT AND MEASUREMENT CHECKS [NP][DP]

A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race or the Sailing Instructions.

## 19. OFFICIAL BOATS

Official boats will be marked as follows:

- White flag with letter "J" – protest committee;
- White flag with letter "RC" – race committee;
- White flag with letter "M" – technical committee.

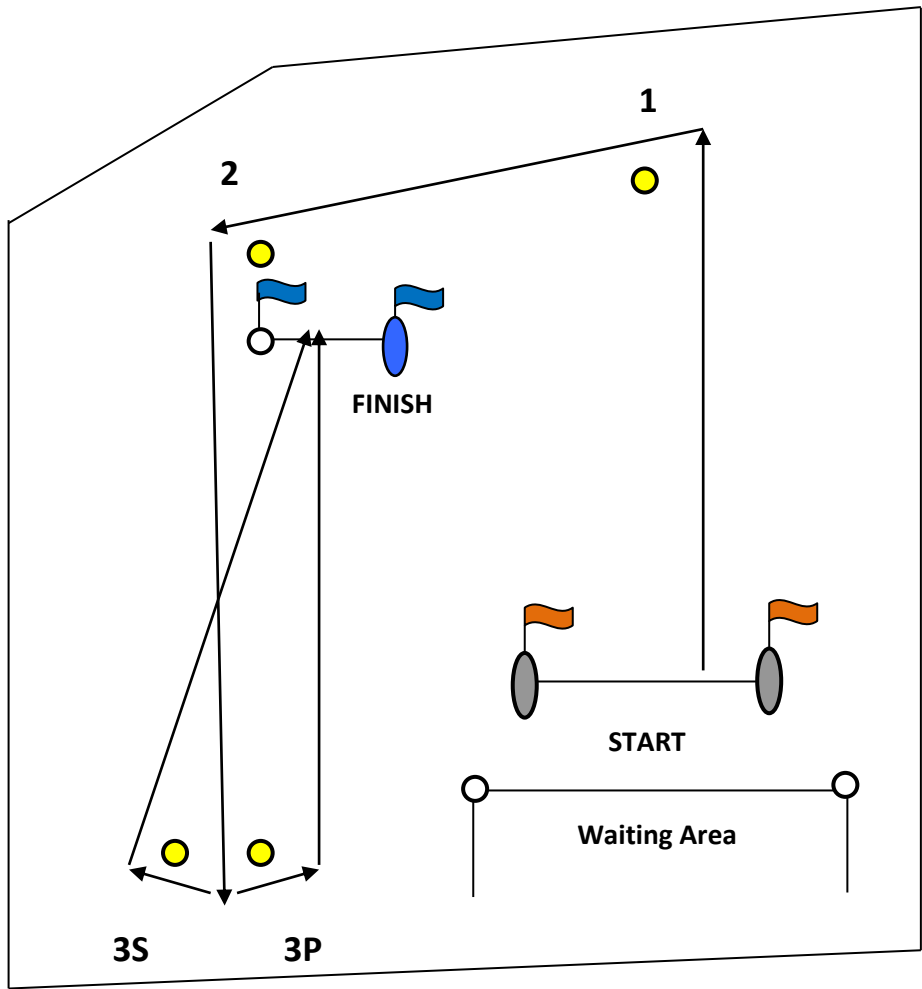
## 20. SUPPORT BOATS [NP][DP]

20.1 Team Leaders, Coaches and other support personnel shall stay outside the area (trapezoid) where boats are racing, not closer than 75 from any boat racing, from the time the preparatory signal is displayed for the first fleet until all boats of all fleets have finished or the Race Committee signal a postponement or abandonment for all fleets.

20.2 In addition, support boats that are motoring above 5 knots shall remain at least 150 meters from any boat racing.

20.3 Support boats shall comply with any reasonable request from a regatta official.

**ADDENDUM 1 – THE COURSE**



Rounding order: **START – 1 – 2 – 3S/3P – FINISH**

**ADDENDUM 2 – COURSE AREAS**

